

· PLANTING YOUR SEEDS ·



SOW SEEDS INDOORS USING A SEED STARTER SOIL MIX 5-6 WEEKS BEFORE YOUR LOCAL FROST-FREE DATE. SEEDS SHOULD BE SOWN 1/8" DEEP.

TOMATOES

KEEP THE SOIL TEMPERATURE AT 65-75°F UNTIL YOU NOTICE **GERMINATION WITHIN 5-10 DAYS**

KEEP THE AIR TEMPERATURE AT 60-70°F AFTER SEEDS SPROUT.

TIP: TO IMROVE EXPOSURE TO SUNLIGHT, PLACE YOUR STARTING BY A SOUTH OR WEST FACING WINDOW.



PREVENT FROM DRYING OUT. BUT DO NOT OVERWATER THE SOIL.

PEPPERS

TRANSPLANT OUTDOORS AFTER RISK OF FROST. PLANT SPROUTED TOMATOES 24-30" APART. 3-8" DEEP IN THE SOIL. CAGING YOUR TOMATOES IS SUGGESTED FOR BEST RESULTS.

2" POT



PROTECT FROM FROST AS NEEDED



PLANT 3-8" DEEP TO THE FIRST LEAVES. **BURY THE LOWER PART OF** THE STEM FOR SUPPORT.

PLANT 24-30" APART

CAGE YOUR TOMATOES FOR BEST RESULTS.



FRUITING INFO

GARDEN TREASURE: 70-75 DAYS AFTER TRANSPLANT GARDEN GEM: 60-65 DAYS AFTER TRANSPLANT GOODHEARTED: 40-55 DAYS AFTER TRANSPLANT



SOW SEEDS INDOORS USING A SEED STARTER SOIL MIX 8 WEEKS BEFORE YOUR LOCAL FROST-FREE DATE. SEEDS SHOULD BE SOWN 1/4" DEEP.

TIP: YOU MAY WANT TO CONSIDER SOAKING PEPPER SEEDS TO SPEED GERMINATION. TRY A TWO TO EIGHT HOUR SOAK, UNTIL SEEDS SINK TO THE BOTTOM OF THE CUP.

KEEP THE SOIL TEMPERATURE AT 75-80°F KEEP OUT OF DIRECT SUNLIGHT, BUT IN A **BRIGHT, WARM PLACE. GERMINATION** SHOULD OCCUR WITHIN 7-21 DAYS BUT SPROUTING CAN TAKE UP TO 40 DAYS, SO BE PATIENT.



KEEP THE AIR TEMPERATURE AT 70 F AFTER SEEDS SPROUT.



PREVENT FROM DRYING OUT. BUT DO NOT OVERWATER THE SOIL.

TIP: TO INCREASE YOUR SUCCESS RATE, WE RECOMMEND SOWING MULTIPLE SEEDS PER POT AND THINNING ONE WEEK AFTER GERMINATION



TRANSPLANT OUTDOORS AFTER RISK OF FROST, PLANT SPROUTED PEPPERS 12-24" APART.

PLANTABLE

" POT



PROTECT FROM FROST AS NEEDED





SOW SEEDS INDOORS 8 WEEKS BEFORE LAST FROST USING A SEED STARTER SOIL MIX. A GOOD MIX FOR STRAWBERRY SEEDS IS 3 PARTS PEAT TO 1 PART ORGANIC-RICH SOIL. MOISTEN SOIL MIXTURE WITH WATER UNTIL IT IS UNIFORMLY DAMP AND SPRINKLE STRAWBERRY SEEDS

OVER THE SOIL, THEN COVER SEEDS WITH A THIN DUSTING OF PEAT MOSS. MAKE SURE THE SEEDS ARE NOT COMPLETELY COVERED AND ARE EXPOSED



KEEP THE SOIL TEMPERATURE AT 60-70'F UNTIL YOU NOTICE **GERMINATION WITHIN 2-3 WEEKS** TIP: FOR BEST RESULTS. CONSIDER USING A GROW LIGHT



PREVENT FROM DRYING OUT, BUT DO NOT OVERWATER THE SOIL.

STRAWBERRIES

TRANSPLANT YOUR STRAWBERRIES OUTDOORS AFTER THE FIRST FROST-FREE DATE.

> TIP: CONSIDER AMENDING YOUR SOIL WITH EXTRA COMPOST, PEAT MOSS, AND SOME SAND OR GRIT TO TO CREATE A GOOD GROWING ENVIRONMENT FOR STRAWBERRIES.





BASIL



TIP: FOR BEST RESULTS. CONSIDER USING A GROW LIGHT

SOW SEEDS 1/2" DEEP IN SEED STARTING MIX 6 WEEKS BEFORE LAST FROST, BASIL REQUIRES WARM SOIL. SEEDS SHOULD GERMINATE IN 5-10 DAYS AT 70°F.



KEEP THE SOIL TEMPERATURE AT 70°F. KEEP IN A WELL LIGHTED PLACE. CONSIDER PROVIDING ADDITIONAL



PREVENT FROM DRYING OUT, BUT DO NOT OVERWATER THE SOIL

TRANSPLANT TO GARDEN WHEN **NIGHT TEMPERATURES ARE ABOVE** 65°F. IF YOUR SOIL TEMPERATURE IS ABOVE 55-60°F, IT IS SAFE TO PLANT.





SHOP FOR PROVEN WINNERS SEED STARTER ECO-CONTAINERS ON WWW.PROVENWINNERS.COM

SOW DIRECTLY OUTDOORS AFTER LAST FROST ONCE SOIL TEMPERATURE REACHES 60-85°F. BEANS WILL ROT IN COLD, DAMP SOIL.

TIP: AFTER PLANTING. DO NOT WATER UNTIL SPROUTS EMERGE UNLESS THE WEATHER IS VERY HOT AND DRY.





